



HOPE

DAY ONE

SUSAN MACDOUGALL

PERUSE

Jeremiah 29:11 (NIV) *For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."*

PONDER

1. What feelings come to you when you read that God has prosperous plans specifically for you?

2. How would you describe "hope"?

3. Think about an area in your life that leaves you feeling hopeless. Take a moment to envision packaging that worry in a cloth and placing it in God's hands.

PRAY

Thank you, Dear God, for helping me to see Your good intentions in every one of my circumstances. Help me to surrender my burdens to you. Amen.



HOPE

DAY TWO

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Romans 15:13 (NLT) *I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.*

PONDER

1. How is your faith impacted when you see that God is the source of hope?
2. Do you see the correlation between having joy and peace and putting your trust in God? Recall a situation when you experienced this.
3. As a believer in Jesus, you have the Holy Spirit within you, guiding your decisions, speaking God's truth to you and allowing you direct access to God. Talk to God throughout your day and feel hope well within your heart.

PRAY

Dear God, help me to see that true joy and peace comes from putting my trust in You. I want to overflow with confident hope! In Jesus' Name, Amen.



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DAY THREE

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Philippians 3:13-14 (NLT) *No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.*

PONDER

1. Where does your hope come from?
2. What does Paul choose to focus on in verse 13?
3. Is there something in your past that keeps you from feeling hope for your future? Jesus paid a heavy price for your freedom from sin. Realize that you are forgiven and move on in faith and obedience.

PRAY

Thank you, Father God, for erasing my past with your forgiveness. Help me to foster my relationship with You with the prize of heaven in mind. Amen.



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DAY FOUR

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Colossians 3:1-2 (NIV) *Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things.*

PONDER

1. Describe how you envision heaven (how it looks, who is there, what you will be doing etc.).
2. What feelings do you have when you realize that this life is temporary and you, as a Christ believer, will be spending eternity with him?
3. Brainstorm ways that you can “set your heart and mind on things above”.

PRAY

God, I want to focus on the glory of eternal life with you. Thank you for the hope of heaven through Jesus Christ. Amen.



HOPE

DAY FIVE

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PERUSE

1 Peter 1:3-5 (NIV) *Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you, who through faith are shielded by God's power until the coming of the salvation that is ready to be revealed in the last time.*

PONDER

1. In what areas of your life do you need encouragement?
2. What stirs in you when realize that God has an inheritance for you?
3. In verse 5, it states that through your faith you are shielded by God's power. What does this mean to you in regard to giving you hope?

PRAY

Father God, I am humbled that you consider me your child. Help me each day to show You my gratitude for Your shielding power. In Jesus' Name, Amen.