



THE GOODNESS OF GOD

DAY ONE

SUSAN MACDOUGALL

PERUSE

Jeremiah 29:11-12 (NIV) *11 For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. 12 Then you will call on me and come and pray to me, and I will listen to you.*

PONDER

1. According to these verses, what plans does God have for you?

2. What will God do when you pray to Him?

3. How is your faith and your hope for the future impacted knowing that God has good plans for you?

PRAY

Dear God, thank you for your good and loving care. I do not know what the future holds, but I know that you want nothing but the best for me.
In Jesus' Name I pray, Amen.



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DAY TWO

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Lamentations 3:22-26 (NLT) 22 The faithful love of the Lord never ends! His mercies never cease. 23 Great is his faithfulness; his mercies begin afresh each morning. 24 I say to myself, "The Lord is my inheritance; therefore, I will hope in him!" 25 The Lord is good to those who depend on him, to those who search for him. 26 So it is good to wait quietly for salvation from the Lord.

PONDER

1. Is there some sin in your life that you think God won't forgive? Take a moment of quiet reflection to embrace the fact that God's steadfast love and mercy are greater than any sin. He promises forgiveness.
2. According to the verses above, what does God want from you?
3. How would you describe your relationship with God? (Reflect on when you talk to God, circumstances under which you pray, and how often you fellowship with Him)

PRAY

Father God, your faithful love never ends! I am so grateful that each day you offer me mercy. Help me to depend on you. Amen.



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DAY THREE

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Psalm 23:1-6 (ESV) 1 The Lord is my shepherd; I shall not want. 2 He makes me lie down in green pastures. He leads me beside still waters. 3 He restores my soul. He leads me in paths of righteousness for his name's sake. 4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. 6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

PONDER

1. These verses offer wonderful glimpses into God's nature and desires for you. Underline phrases that are particularly meaningful to you.
2. What dark valley are you walking through currently? Close your eyes and allow yourself to feel God's presence— for He is with you, wanting to comfort you.
3. Write out the second half of verse 6. How is your faith impacted knowing this is the ultimate promise of God?

PRAY

Dear God, how these familiar words bring me peace. Thank you for your presence in my life, for your protection, your comfort and your promises. In Jesus' Name, Amen.



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DAY FOUR

SUSAN MACDOUGALL

PERUSE

1 Chronicles 16:34 (NIV) Give thanks to the Lord, for he is good; his love endures forever.

PONDER

1. What can you thank God for today?
2. Note your thoughts after considering the following:
Praising God helps us because it takes our minds off our problems and needs and focuses on God's power, mercy, goodness, and love.
3. The next time you fellowship with God, spend that time praising Him for His goodness. Record how you felt afterwards.

PRAY

Heavenly Father, I give you thanks for your goodness and your enduring love that embraces me. When I feel overwhelmed by life, imprint this verse on my heart and in my mind. Amen.



THE GOODNESS OF GOD

DAY FIVE

SUSAN MACDOUGALL

PERUSE

James 1:17 (NLT) *Whatever is good and perfect is a gift coming down to us from God our Father, who created all the lights in the heavens. He never changes or casts a shifting shadow.*

PONDER

1. Recall a perfect gift that you have received. Who was it from? How did you react? What made it so special to you?
2. What good and perfect gifts has God given you? Take time today to thank God whenever you encounter something good, no matter how big or small.
3. How does God's consistency influence your trust in His goodness?

PRAY

Father God, you are the same loving God yesterday, today, and tomorrow. Help me to see your goodness and the beauty of your creation wherever I look today. In the name of Jesus I pray, Amen.