

# Lesson 1: Overview

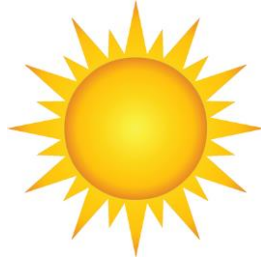
## I. INTRODUCTION:

According to Scripture there is a \_\_\_\_\_ to choose to follow, but there is also a very tempting \_\_\_\_\_ that is easy to take if we are not careful

### Man's First Important Choice: (Genesis 2:15-17)

Adam and Eve chose to \_\_\_\_\_ God's one \_\_\_\_\_

There are \_\_\_\_\_ that come as a \_\_\_\_\_ of the choices we make



**Course Symbol:**

**Course Goal:**

**To Make the Right Choices**

**Course Scripture Verse:**

(Psalm 25:12 NLT)  
"Who are those who fear the Lord? He will show them the path they should choose."

## Lesson 1: Study / Discussion Questions

1A) Look up the definition of the following words:

Choose:

Choice:

Chosen:

1B) PERSONAL: Many choices are made habitually, but describe some specific choices that you actually do spend time trying to figure out the best choice.

Daily choices?

Monthly choices?

Yearly choices?

2A) PERSONAL: What important long term choices have you made with God's help?

2B) PERSONAL: What important long term choices have you made without God's help?

2C) PERSONAL: What has been the result of these choices?

3A) Look on page 3 and fill in the blanks: (2 Thessalonians 2:13 NIV) "But we ought always to thank God.....because from the beginning God \_\_\_\_\_ you to be \_\_\_\_\_ through the sanctifying \_\_\_\_\_ of the Spirit and through \_\_\_\_\_ in the \_\_\_\_\_."

3B) PERSONAL: How does this information affect your faith and trust in God and your relationship with Him?

**Prepare for Next Week:**  
**CHOOSE TO BELIEVE & CHOOSE LIFE**

8) How do the following passages reveal that there are two distinct paths that we can choose to follow?

John 8:31-32:

John 8:44:

9A) What do we learn from Mark 16:16 about the two paths that exist and how our choices determine the path we take?

9B) PERSONAL: How do you think that our choices could affect our family members?

9C) PERSONAL: Describe how you see different beliefs leading to different paths for individuals, families, and nations of today.

10A) PERSONAL: Discuss any new insight you have gained so far concerning the choices we make and how following God's Word should help us make the "right" choices.

10B) PERSONAL: What did you learn about the choices you're currently making from filling out the chart in the appendix this week?

✝ 11) From your Quiet Time this week, what did you learn about the concept of *confession* and how it can affect your life in a powerful way?

***PERSONAL PRAYER FOR THE WEEK:***

***Ask God to guide you in the choices you make and the steps you take so that you can stay on the path towards Light and Life.***

## Daily Quiet Time

# “To Make the Right Choices”

With all of the choices that we make every day we need to realize that we will probably not always make the best or even the “right” choice. So it’s very important for us to know what to do when we do make bad choices. During his life, David learned that *confessing* his sins made a huge difference. Yes, he still had to suffer the consequences of his choices but his fellowship with God was restored. Spend some time this week learning about the positive benefits of *confessing* our sins and also *confessing* our faith in God.

Follow these steps every day:

- 1) Read the suggested passages of Scripture.
- 2) Notice what is being *confessed* and the benefits that come as a result.
- 3) Think about anything that you may need to *confess* to God and then do it. Perhaps there is a sin that you’ve been trying to hide or maybe God is calling you to openly *confess* your faith to a friend or family member.

**Day 1:** Leviticus 26:40-45